Directions: **Using two articles and your textbook** you will be writing a reflection paper about yourself using Erick Erickson Psychosocial Stages. The purpose of this assignment is to integrate and understand Erickson stages, by providing examples from own your own life. Starting from birth until your age now, will be the number of stages you will include, each stage is equivalent to a page. For example, if you are 30 years old, you will include stages (1-6).

This assignment will be in APA Format, double-spaced using 1-inch margins and 12 pt. font (excluding part 1, chart).

**Each corresponding stage is a page, for example if your 30 years old, your paper will consist of 6 pages, (i.e., Stages 1-6) not including a title page, part 1 chart, reference page.**

This assignment will consist of two parts:

**Part 1** is completing Erick Erickson Psychosocial Developmental chart.

**Part 2** is the reflection paper which will consist of expanding on the information in the chart. Detailed instructions are located below for each.

**Your assignment will be in this order and consist of:**

* APA style title page
* Part 1 Chart, (does not need to be in APA format)
* APA style part 2 Reflection Paper (pages/stages)
* APA style reference page

**Part 1:** Erick Erickson Psychosocial Development Stages consist of 8 stages; fill in the chart, starting from birth until your age as of now, stop at whichever age you are now. For example, if you are 30 years old, you will complete the chart starting from birth until Intimacy vs. Isolation. (I will provide the approximate ages). This chart will help provide you with clarity and organization, and in Part 2, you will further explain the information in the chart.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Age | Stage | Psychosocial Crisis/Task | What occurs in this stage  | Was this stage passed or failed (Y or N)? How do you know? (You will expand on this topic in your paper) | 3 Brief Examples from your own life demonstrating if you passed or failed this stage. (You will expand on this topic in your paper)  |
| 0-18 Months |  |  |  |  |  |
| 18 months-3 years  |  |  |  |  |  |
| 3-5 years old |  |  |  |  |  |
| 5-13 years old |  |  |  |  |  |
| 13-21 years old |  |  |  |  |  |
| 21-39 years old |  |  |  |  |  |
| 40-65 years old |  |  |  |  |  |
| 65 and older |  |  |  |  |  |

**Part 2:** Using the chart above you will be creating your reflection paper.

Each page of your reflection paper will include

* Age and Stage
* Crisis/Task
* Did you pass or fail? Explain how you know
* What occurs in this stage?
* 3 examples demonstrating if you passed or failed